

# A-Z

for families in Leith  
with young children



## Welcome

### A warm welcome to all parents of young children in Leith.

This booklet contains information on what resources are available for parents/carers in the area. Originally put together by parents of young children in Leith, it has been updated by the North East Edinburgh Early Years Neighbourhood Forum.

We hope the information will be helpful to you.



**Most venues listed are wheelchair accessible but please phone to confirm.**

For an online version: [www.drbellsleith.org.uk](http://www.drbellsleith.org.uk)

## Contents

**School, Pre-school and Childcare Provision** **Page 4**

**Activities for Children** **Page 8**

**Adult Education, Training and Employment** **Page 14**

**Support, Information and Resources** **Page 20**

**Parent & Toddler Groups and Playgroups** **Page 28**

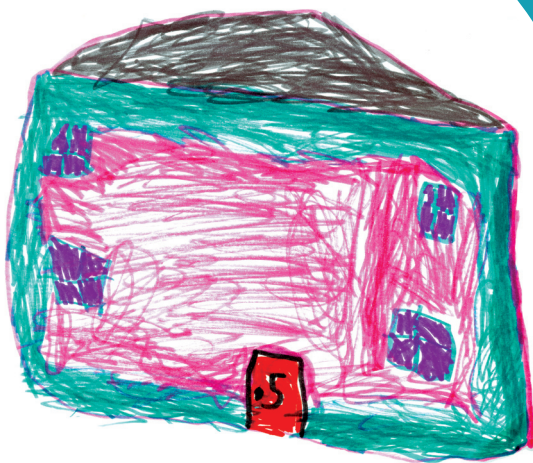
**Community Centres, Health and Social Work** **Page 32**

**Acknowledgements** **Page 36**

**Map** **Page 38**



# School, Pre-school and Childcare Provision



## Council Schools, Nurseries/Early Years Centres

### City of Edinburgh Council Early Years Service

529 2103

For a full list of council and private nurseries, Surestart organisations, After School Clubs and PEEP groups, visit [www.edinburgh.gov.uk/earlyyears](http://www.edinburgh.gov.uk/earlyyears)

### Childcare Information Service

0800 032 0323

Free, impartial service providing information on registered childcare throughout the city  
[www.scottishchildcare.gov.uk](http://www.scottishchildcare.gov.uk)

### Abbeyhill Primary School/Nursery

661 3054

Abbey Street  
[www.abbeyhill.edin.sch.uk](http://www.abbeyhill.edin.sch.uk)

### Broughton Primary School/Nursery

556 7028

Broughton Road  
[www.broughton-pri.edin.sch.uk](http://www.broughton-pri.edin.sch.uk)

### Craigentinny Primary School/Nursery

661 2749

Loganlea Drive  
[www.craigentinny.edin.sch.uk](http://www.craigentinny.edin.sch.uk)





### **Fort Early Years Centre 554 4077**

North Fort Street

Access to group care, pre-school, day care and outreach support for children under 8 and their families

### **Hermitage Park Primary School/Nursery 554 2952**

Hermitage Park

[www.hermitagepark.edin.sch.uk](http://www.hermitagepark.edin.sch.uk)

### **Holy Cross RC Primary School/Nursery 552 1972**

Craighall Road

[www.holycross.edin.sch.uk](http://www.holycross.edin.sch.uk)

### **Leith Primary School/Nursery 554 4844**

St Andrews Place

[www.leith-pri.edin.sch.uk](http://www.leith-pri.edin.sch.uk)

### **Leith Walk Primary School/Nursery 556 3873**

Brunswick Road

[www.leithwalk.edin.sch.uk](http://www.leithwalk.edin.sch.uk)

### **Lorne Primary School/Nursery 554 2308**

Lorne Street

[www.lorne.edin.sch.uk](http://www.lorne.edin.sch.uk)

### **Pilrig Child and Family Centre 554 3040**

102 Pilrig Street

Child and Family Centres provide access to group care, day care and outreach support for children under 8 and their families.

### **Stanwell Nursery School 554 1309**

Junction Place

[www.stanwell-nur.edin.sch.uk](http://www.stanwell-nur.edin.sch.uk)

### **St Mary's RC Primary School/Nursery 554 7291**

Links Gardens

[www.stmarysleith.org](http://www.stmarysleith.org)

### **St Ninian's RC Primary School/Nursery 661 3431**

Restalrig Road South

[www.st-ninians.edin.sch.uk](http://www.st-ninians.edin.sch.uk)

### **Trinity Primary School 554 2062**

Newhaven Road

[www.trinity-pri.edin.sch.uk](http://www.trinity-pri.edin.sch.uk)

### **Victoria Primary School 476 7306**

Newhaven Main Street

[www.victoria.edin.sch.uk](http://www.victoria.edin.sch.uk)

### **Community Nursery & Creche Facilities**

### **Leith Academy 554 0606**

#### **Community Nursery**

For children under 5 years. Full or part time childcare for parents who live, work or train in the Leith area.

### **Dr Bell's Family Centre 553 0100**

Quality, affordable creche. Call Dr Bell's Family Centre to register/book.

### **Drummond Community High School Creche 556 2651**

Offers childcare for most of the adult education day time programme and for study in the library. Also operates a playgroup for ages 2-5 (waiting list).





# Activities for Children



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## Libraries

Libraries welcome families with young children and membership is free. Bookbug sessions are available for families with babies and young children. For more information about Bookbug, contact your local library.

[www.edinburgh.gov.uk/info/469/libraries\\_for\\_children\\_and\\_babies](http://www.edinburgh.gov.uk/info/469/libraries_for_children_and_babies)

Libraries in Leith and surrounding areas:

<b>Granton Library</b>	<b>529 5630</b>
<b>Leith Library</b>	<b>529 5517</b>
<b>McDonald Road Library</b>	<b>529 5636</b>
<b>Piershill Library</b>	<b>529 5685</b>
<b>Stockbridge Library</b>	<b>529 5665</b>



## Activities for children are available at:

**Leith Community Centre** 554 4750  
[www.leithcommunitycentre.com](http://www.leithcommunitycentre.com)

**Dance Base** (Thomas Morton Hall) 225 5525  
[www.dancebase.co.uk](http://www.dancebase.co.uk)

**Duncan Place Resource Centre** 554 1509  
[www.duncan-place.pwp.blueyonder.co.uk](http://www.duncan-place.pwp.blueyonder.co.uk)

**Pilmeny Youth Centre** 554 0953  
[www.pilmeny.co.uk](http://www.pilmeny.co.uk)

**Citadel** 554 0510  
[www.citadel-youthcentre.org.uk](http://www.citadel-youthcentre.org.uk)

**Fort Community Wing** 553 1074  
[www.joininedinburgh.org/fort](http://www.joininedinburgh.org/fort)

**Craigentinny Community Centre** 661 8188  
[www.joininedinburgh.org/craigentinny](http://www.joininedinburgh.org/craigentinny)

**Restalrig Lochend Community Hub** 554 0422  
[www.rippleproject.co.uk](http://www.rippleproject.co.uk)



## Museums

FREE

**National Museum of Scotland** 0300 123 6789

Natural world, world cultures, art and design, science and technology and Scottish history Family activities and interactive galleries for children of all ages.  
[www.nms.ac.uk](http://www.nms.ac.uk)

**Museum of Childhood** 529 4142

A fun family day out. Young people can learn about the past while adults enjoy a trip down memory lane.  
[www.edinburghmuseums.org.uk/museum-of-childhood](http://www.edinburghmuseums.org.uk/museum-of-childhood)

For information on the museums, galleries and monuments owned and managed by the City of Edinburgh Council, visit:  
[www.edinburghmuseums.org.uk](http://www.edinburghmuseums.org.uk)



## Soft Play Areas

**Ceramic Experience****554 4455**

118 Ocean Drive EH6 6JB

[www.theceramicexperience.co.uk](http://www.theceramicexperience.co.uk)**Clown Around****553 7676**

109 Restalrig Road EH6 7NY

[www.clownaround.me.uk](http://www.clownaround.me.uk)**Meadowbank Sports Centre****661 5351**

139-143 London Road EH7 6AE

[www.edinburghleisure.co.uk/list-59](http://www.edinburghleisure.co.uk/list-59)

## Swimming

**Ainslie Park Leisure Centre****551 2400****Commonwealth Pool****667 7211****Glenogle Swim Centre****343 6376****Leith Victoria Swim Centre****555 4728****Portobello Swim Centre****669 6888**

For additional information, visit:  
[www.edinburghleisure.co.uk](http://www.edinburghleisure.co.uk)



## Cycling and Walking

**FREE**

For a list of cycle-paths and walkways in and around Edinburgh, visit:

[www.edinburgh.gov.uk/info/1504/walking\\_and\\_cycling](http://www.edinburgh.gov.uk/info/1504/walking_and_cycling)

## Playgrounds, parks &amp; gardens

**Royal Botanic Garden****552 7171**

One of the world's finest Botanic Gardens. Great for walks with young children. Family events throughout the year.

[www.rbge.org.uk](http://www.rbge.org.uk)

**The Yard****476 4506**

Adventure playground for children with special needs.

70 Eyre Place

[www.theyardscotland.org.uk](http://www.theyardscotland.org.uk)

For a list of playgrounds in Edinburgh, visit:

[www.edinburgh.gov.uk/info/495/parks\\_gardens\\_and\\_open\\_spaces/764/play\\_areas](http://www.edinburgh.gov.uk/info/495/parks_gardens_and_open_spaces/764/play_areas)



# Adult Education, Training and Employment



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## Adult Education classes

**469 3250**

City-wide and community-based adult education classes

[www.edinburgh.gov.uk/info/284](http://www.edinburgh.gov.uk/info/284)

[/adult\\_and\\_community\\_education](http://www.edinburgh.gov.uk/info/284/adult_and_community_education)

## Bethany Christian Trust

switchboard - **561 8930**

community education - **454 3119**

Learning opportunities for homeless & vulnerable people.

[www.bethanychristiantrust.com](http://www.bethanychristiantrust.com)

## Community Employability

**332 5016**

Offers help with CV preparation, interview coaching, action planning and goal setting.

## Community Learning

### & Development Centre Programmes

Community Centres offer varied Adult Education programmes.

Some daytime classes are supported with free creche.

**Duncan Place Resource Centre**

**554 1509**

**Leith Community Centre**

**554 4750**

**Fort Community Wing**

**553 1074**

see also page 24

## Connected

**557 7913**

Pathways into Education, Training and Employment for vulnerable people of all ages.

[www.foursquare.org.uk](http://www.foursquare.org.uk)

## Dance Base

**225 5525**

A variety of courses available from ballet, contemporary jazz and street etc. Classes suitable from 18 months to 60+.

[www.dancebase.co.uk](http://www.dancebase.co.uk)







### **Drummond Community High School 556 2651**

Offers a range of adult education classes.  
[www.drummond.edin.sch.uk](http://www.drummond.edin.sch.uk)

### **Edinburgh Literacies free helpline - 0800 085 7672 (formerly CLAN) local - 554 9951**

Free reading, writing & number courses for adults  
Local contact: Duncan Place Resource Centre  
[www.edinburghliteracies.org.uk](http://www.edinburghliteracies.org.uk)

### **English for Speakers of Other Languages**

Stevenson College Community-Based ESOL,  
Duncan Place Resource Centre **535 4630**

City of Edinburgh Council  
- various locations **0800 085 7672**  
Jewel & Esk college at Milton Road **344 7237**

[www.edinburgh.gov.uk/esol](http://www.edinburgh.gov.uk/esol) has a calendar of ESOL classes and courses cross the city.

### **Family Learning opportunities 555 6035**

The Community Learning & Development service offers a range of Family Learning workshops, courses and events for parents and/or parents and children together. Contact CL&D on the above number, or your child's school/Early Years setting.  
[www.edinburgh.gov.uk/info/284/adult\\_and\\_community\\_information](http://www.edinburgh.gov.uk/info/284/adult_and_community_information)

### **Get On 0800 917 4244**

Information on adult learning, training, employment, volunteering and other city-wide support services in Edinburgh.  
[www.geton-edinburgh.org.uk](http://www.geton-edinburgh.org.uk)

### **Hibernian Learning Centre 656 7062**

Learning centre within Easter Road Stadium for people of all ages seeking to enhance their IT, literacy and numeracy skills.  
[www.hibernianinthecommunity.org.uk/learning](http://www.hibernianinthecommunity.org.uk/learning)

### **Intowork 475 2600**

Supported employment services to people with disabilities.  
[www.intowork.org.uk](http://www.intowork.org.uk)

### **Jewel and Esk college 344 7100**

A range of full time, part time, evening, flexible learning and community based courses from campuses in Edinburgh and Midlothian and in the community.  
[www.jec.ac.uk](http://www.jec.ac.uk)

### **Jobcentre Plus Leith 0845 604 3719**

199 Commercial Street EH6 6QP (call charges apply)

### **Learn Direct Scotland 0800 100 9000**

Independent, free advice on adult further education courses, training and funding in Scotland.  
[www.learnirectscotland.co.uk](http://www.learnirectscotland.co.uk)

### **Learning Link (Scotland) 553 7992**

National organisation providing information about local adult education organisations and resources.  
[www.learninglinkscotland.org.uk](http://www.learninglinkscotland.org.uk)

### **Leith Academy Community School 553 2810**

Offers a range of adult education classes.  
[www.leith.edin.sch.uk](http://www.leith.edin.sch.uk)





### Leith School of Art

**554 5761**

A range of day & evening art classes, courses and workshops.  
[www.leithschoolofart.co.uk](http://www.leithschoolofart.co.uk)

### North Edinburgh Childcare

**332 8001**

Provides a range of childcare training in Early Years and Playwork.  
[www.northedinburghchildcare.co.uk](http://www.northedinburghchildcare.co.uk)

### Play-Base

**554 8873**

Provides introductory courses aimed specifically at parents/carers and potential childcare workers.  
[www.playbase.org.uk](http://www.playbase.org.uk)

### Skillnet Edinburgh

**475 2451**

Provides training and adult guidance to empower black and minority ethnic people, helping them access sustainable employment, education and training.  
[www.skillnetedinburgh.org.uk](http://www.skillnetedinburgh.org.uk)

### Skills Development Scotland **08458 502 502**

Careers advice and guidance for all ages including redundancy help and learning advice.  
[www.skillsdevelopmentscotland.co.uk](http://www.skillsdevelopmentscotland.co.uk)

### Telford College

**559 4000**

Offers a variety of subjects from introductory to degree level. This includes full or part-time, evening and Saturday classes and Open Learning.  
[www.ed-coll.ac.uk](http://www.ed-coll.ac.uk)

### Volunteer Centre Edinburgh

**225 0630**

Connects people to volunteering opportunities and provides advice and information. Volunteering advisers are available in the city centre and in 'hubs' around Edinburgh.  
[www.volunteeredinburgh.org.uk](http://www.volunteeredinburgh.org.uk)

### Women Onto Work

**662 4514**

Provides pre-vocational training to women who have been out of work for over a year.  
[www.womenontowork.org](http://www.womenontowork.org)

### Working for Families

**0800 432 0044**

Supports eligible parents/carers who are working, wanting to work or who want to access training, work placements, volunteering or other relevant opportunities. Also provides help and support with childcare options.  
[www.edinburghworkingfamilies.org.uk](http://www.edinburghworkingfamilies.org.uk)

For more information on adult learning, training, employment, volunteering and other city-wide support services in Edinburgh go to: [www.geton-edinburgh.org.uk](http://www.geton-edinburgh.org.uk) or call into the local **Get On information point** at Leith Community Centre, Mondays and Wednesdays from 1pm-5pm **0800 917 4244**





## Support, Information and Resources



### BumpStart

536 6340

#### Pregnancy & Family Support Project

Pregnancy and antenatal education, support and community linking.

### Changeworks

555 4010

Inspiring change for people and the environment.  
Practical support to reuse and recycle.  
[www.changeworks.org.uk](http://www.changeworks.org.uk)

### Changeworks Energy Saving Scotland Advice Centre

0800 512 012

Advice and support to help lower fuel bills and to make your home warmer.  
[www.changeworks.org.uk](http://www.changeworks.org.uk)

### Child Support Agency Advice Line

08457 133 133

[www.direct.gov.uk](http://www.direct.gov.uk)

### Citizens' Advice Bureau (Leith)

554 8144

[www.cas.org.uk](http://www.cas.org.uk)

### Dr Bells Family Centre

553 0100

Provides a range of facilities and support for local families and children including a crèche, café area, advice surgeries, Asian Women's Group, parenting groupwork and counselling/wellbeing services.  
[www.drbellsleith.org.uk](http://www.drbellsleith.org.uk)

### Edinburgh Advice Shop

200 2360

85-87 South Bridge, EH1 1HN  
[www.edinburgh.gov.uk/info/335/community\\_advice](http://www.edinburgh.gov.uk/info/335/community_advice)

**Edinburgh Housing Advice Partnership****0845 302 4607**

Provides free housing advice, information and representation to Edinburgh residents.  
[www.ehap.org.uk](http://www.ehap.org.uk)

**Edinburgh Women's Aid****315 8110**

Confidential information, support and/or refuge for women experiencing domestic abuse.  
[www.edinwomensaid.co.uk](http://www.edinwomensaid.co.uk)

**Family Mediation Lothian****226 4507**

Aims to help parents and children going through separation and divorce.  
[www.familymediationlothian.co.uk](http://www.familymediationlothian.co.uk)

**Firsthand****557 3121**

Provides a sitting service and support to families, especially lone parents and carers of disabled children.  
[www.firsthand-edinburgh.org.uk](http://www.firsthand-edinburgh.org.uk)

**FourSquare****557 7930**

Services for homeless and vulnerable people of all ages.  
[www.foursquare.org.uk](http://www.foursquare.org.uk)

**Gingerbread****478 1391**

Provides information and advice for lone parents on a range of financial, legal and childcare issues.  
[www.gingerbreadchildcare.org.uk](http://www.gingerbreadchildcare.org.uk)

**Harbour Project****552 0305**

Supports families affected by drugs & alcohol.  
[www.circlescotland.org](http://www.circlescotland.org)

**Home-Start****553 7819****Leith & North East Edinburgh**

Supports families with children aged 5 and under providing volunteer support to individual families and groupwork support.  
[www.homestartleith.org.uk](http://www.homestartleith.org.uk)

**Lifeline Pregnancy****557 2060**

Offers pregnancy counselling and care.  
[www.lifelinecounselling.org](http://www.lifelinecounselling.org)

**Link Up Women's Support Centre****661 9292**

A support service for women in NE Edinburgh which includes groupwork, crèche and counselling services aiming to provide a safe, caring environment in the community.  
[www.link-upsupport.co.uk](http://www.link-upsupport.co.uk)

**Multi-Cultural Family Base****467 7052**

Provides a range of services to support children, young people and families in need.  
[www.mcfb.org.uk](http://www.mcfb.org.uk)

**North East Edinburgh Counselling Service****557 4478**

Offers individual counselling to local people on both short term and longer term basis.  
[www.neecscounselling.org.uk](http://www.neecscounselling.org.uk)



**One Parent Families Scotland 0808 801 0323**

Provides a range of information and advice on a variety of topics such as benefits, housing, holidays and parenting issues.

[www.opfs.org.uk](http://www.opfs.org.uk)

**Out Of The Blue Drill Hall 555 7100**

Studios, production space, weekly classes, events, exhibitions, projects and a community café in Dalmeny Street. Accessible and child friendly.

[www.outoftheblue.org.uk](http://www.outoftheblue.org.uk)

**Parentline Scotland 0800 028 2233**

Free & confidential advice on parenting issues.

[www.children1st.org.uk](http://www.children1st.org.uk)

**PEEP 529 2103**

PEEP groups are available for parents and children in various places in Leith. This programme aims to support parents and carers from birth to age 5 to encourage their child's development and learning through everyday fun activities in a group or at home. To find out about these groups contact the City of Edinburgh Council Early Years Service on the above number.

[www.edinburgh.gov.uk/earlyyears](http://www.edinburgh.gov.uk/earlyyears)

**Post Natal Depression Services 538 7288**

Offers a variety of individual and groupwork support.

[www.crossreach.org.uk/node/317](http://www.crossreach.org.uk/node/317)

**Raising Children with Confidence**

This course aims to give parents/carers the chance to explore emotional well-being and how we can best promote it in ourselves and our children. For more information on courses in the area contact your child's school or early years setting or look on the website.

[www.growingconfidence.org](http://www.growingconfidence.org)

**Ripple Project 554 0422**

Offers a wide range of support and leisure services and activities for all ages including children's drama group, youth provision, child mentoring and confidential listening support for adults in difficulty.

**Saheliya 556 9302**

A safe, confidential service that supports the mental health and well-being of black and minority ethnic women, including counselling, one-to-one and group support, befriending and therapies.

[www.saheliya.org.uk](http://www.saheliya.org.uk)

**Shakti Women's Aid 475 2399**

Provides support, advocacy and information to all black and minority ethnic women, children and young people experiencing and/or fleeing domestic abuse.

[www.shaktiedinburgh.co.uk](http://www.shaktiedinburgh.co.uk)

**Sikh Sanjog 553 4737**

Supports Sikh and other BME women and their families through a variety of activities, including training and volunteering opportunities at the Punjab 'N De Rasoi café'.

[www.sikhsanjog.com](http://www.sikhsanjog.com)



**Stepfamily Scotland**

Support and information for all members of stepfamilies.  
[www.stepfamilyscotland.org.uk](http://www.stepfamilyscotland.org.uk)

**623 8951**  
 0845 122 8655

**Sunflower Garden Project**

Infant massage, story-telling, music & play therapy for children affected by drug misuse.  
[www.crossreach.org.uk/node/189](http://www.crossreach.org.uk/node/189)

**220 2488**

**Swietlica Migrant Drop-In**

Weekly activities for Polish children aged 6-10 (6-7.30pm). Weekly and open to all nationalities: English, chess club, women's crafts, hate crime reporting, choir & housing advice. North Fort St., EH6 4HF.  
 For more information e-mail [info@swietlica.org.uk](mailto:info@swietlica.org.uk)  
[www.swietlica.net](http://www.swietlica.net)

**The Citadel Youth Centre**

Offers local children & young people aged 6-21yrs opportunities for fun, meeting friends, trying new things with experienced youth workers there for help and support. Includes support for young parents.  
[www.citadelyouthcentre.org.uk](http://www.citadelyouthcentre.org.uk)

**554 0510**

**The Junction**

Safe, friendly, confidential centre which offers lots of health related services, education and support for young people in Leith and North East Edinburgh aged 12-21.  
[www.the-junction.org](http://www.the-junction.org)

**553 0570**

**Turning Point Leith**

Free and confidential service for people in NE Edinburgh who have drug or alcohol related problems.  
[www.turningpointscotland.com](http://www.turningpointscotland.com)

**554 7516**

**0800 652 3757**

**Underground Project**

Offers support to young parents.  
[www.rocktrust.org/rocktrust/youth-development/underground](http://www.rocktrust.org/rocktrust/youth-development/underground)

**0800 781 1245**

**557 4059**

**Victim Support Helpline**

Support & information for victims, witnesses and others affected by crime.  
[www.victimsupportsco.org.uk](http://www.victimsupportsco.org.uk)

**0845 603 9213**

**YMCA Edinburgh at the Leith Acorn Centre**

Offers a variety services and facilities for families in Leith, including a women's group with creche.  
[www.ymcaedinburgh.com](http://www.ymcaedinburgh.com)

**553 7877**

For up-to-date information on adult learning, training, employment, volunteering and other services in Edinburgh go to: [www.geton-edinburgh.org.uk](http://www.geton-edinburgh.org.uk) or call into the local Get On information point at Leith Community Centre, Mondays and Wednesdays from 1pm-5pm  
**0800 917 4244**

For more information about local projects for families, contact [www.drbellsleith.org.uk](http://www.drbellsleith.org.uk)





# Parent & Toddler Groups and Playgroups



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## Parent & Toddler Groups

<b>Abbeyhill Baptist Church</b>	<b>557 4110</b>
22 Elgin Terrace	
<b>Christadelphian Church</b>	<b>556 7958</b>
4 Gayfield Place	
<b>Clown Around Toddler Group</b>	<b>553 7676</b>
109 Restalrig Road	
<b>Duncan Place Resource Centre</b>	<b>554 1509</b>
Duncan Place	
<b>Holyrood Abbey Church</b>	<b>661 6002</b>
83 London Road	
<b>Inverleith Toddlers</b>	<b>552 3874</b>
Inverleith Church, Ferry Road	
<b>Leith Community Centre</b>	<b>554 4750</b>
Kirkgate	
<b>Leith St Andrews</b>	<b>553 8839</b>
410 Easter Road	
<b>Little Leithers</b>	<b>555 2707</b>
Destiny Church, Casselbank Street	
<b>North Leith Parish Church</b>	<b>553 7378</b>
Madeira Street	





**Pilmenny Playgroup** 554 0953  
44 Buchanan Street

**Ripple Project** 554 0422  
48 Restalrig Road South

**South Leith Church Toddler Group** 554 2578  
6 Henderson Street 07538 325288

**St Andy's Teeny Tots** 553 8839/554 7695  
St Andrew's Church, Easter Road

**St Paul's & St George's** 556 1335  
46 York Place

**Toddle-In  
Pilrig Child & Family Centre** 554 3040  
102 Pilrig Street

**Toddler Play Group** 07738 090 396  
Calton Centre  
[www.knotstressed.com](http://www.knotstressed.com)

**Toddlers At The Hub** 554 0422  
198 Restalrig Road

**Trinity Toddlers** 07712 576469  
Holy Cross Primary School, Craighall Road

**Wee Stars** 554 2482  
St Mary's Star of the Sea Church, 106 Constitution Street



## Playgroups (ages 2½ – to pre-school)

Please phone for availability and times

**Acorn Club** 552 3874  
Inverleith Church  
[www.craigfinnycastleplaygroup.btik.com](http://www.craigfinnycastleplaygroup.btik.com)

**Craigentinny Castle Playgroup** 661 8188  
Craigentinny Community Centre  
[www.craigfinnycastleplaygroup.btik.com](http://www.craigfinnycastleplaygroup.btik.com)

**Leith St Andrews Playgroup** 07792 493359  
Foot of Easter Road  
[www.leithstandrews.org/4.html](http://www.leithstandrews.org/4.html)

**St Mary's Playgroup** 556 1634  
63 East London Street





# Community Centres, Health and Social Work



## Food Co-ops, Projects and Cafes

Food co-op stalls sell fresh fruit, vegetables and other items at affordable prices. Phone for opening times.

**Abbeyhill Food Co-op** 652 1589  
Abbeycourt, 10/14 Abbey Street EH7 5XN  
(open Mon 10am-12noon)

**Craighall Food Co-op** 551 2194/551 6428  
Craighall Day Centre, 210 Ferry Road EH6 4RB  
(open Tues 10am-2pm)

**Lochend Food Co-op** 554 0422  
The Hub, 198 Lochend Road South  
(open Fri 10am-12.30pm)

**Edinburgh Community Cafes** 467 7326  
**A network of Community Cafes across Edinburgh.**  
Low priced, healthy food. Loyalty cards available.  
Cafes in Leith include: PercuUp (South Leith Parish Church Hall), Drill Hall (Dalmeny Street), Dr Bells (Junction Place), Punjab N' De Rasoi (Leith Walk).  
[www.edinburghcommunitycafes.org.uk](http://www.edinburghcommunitycafes.org.uk)

**Edinburgh Community Food** 467 7326  
**To get people into healthy food, and healthy food into people.**  
For information about healthy eating, cooking classes, food hygiene, food & health courses and food co-ops.  
[www.edinburghcommunityfood.org.uk](http://www.edinburghcommunityfood.org.uk)



## Community Centres

**Edinburgh's community centres provide educational, social and leisure opportunities – formal and informal – in partnership with local people.**

### **Duncan Place Resource Centre 554 1509**

Large centre which runs adult education classes, community groups (including Parent & Toddler group) and a youth work programme. Group rooms, drama studio, crèche and computer suite available. 4 Duncan Place  
[www.duncan-place.pwp.blueyonder.co.uk](http://www.duncan-place.pwp.blueyonder.co.uk)

### **Fort Community Wing 553 1074**

Community centre with a variety of activities for all people of all ages. Gym hall, multi purpose rooms and free internet access available. North Fort Street

### **Leith Community Centre 554 4750**

Large centre with halls, multi-purpose rooms, crèche and cafeteria. Portable computer suite, computer classes and free internet access available as well as youth provision. GET ON information point. New Kirkgate

### **Craigentinny Community Centre 661 8188**

Housed partly in Craigentinny Castle and partly in a modern wing. Includes two halls, a lounge, kitchen, offices and general purpose rooms. The Centre has a variety of activities including youth work, Adult Education and services for Older People.

For more information on Community Centre programmes, go to [www.edinburgh.gov.uk/community](http://www.edinburgh.gov.uk/community)



## **Restalrig Lochend Community Hub 554 0422**

Vibrant centre of community activity. Classes and groups for all ages, employment, benefits and rent arrears advice and community cafe.

## Health Centres and Health Visitors' Phone Numbers

**Baronscourt Surgery 467 7007**

**Bellevue Medical Centre 556 2642**

**Eyre Medical Practice 556 8842**

**Leith Walk Surgery 554 6471**

**Leith Mount Surgery 561 1900**

**Links Medical Centre 554 1036**

**Restalrig Park Medical Centre 454 2110**

**Rose Garden Medical Centre 554 1274**

## Social Work

**Social work emergency 0800 731 6969**

## Acknowledgements

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[www.16kdesign.com](http://www.16kdesign.com)

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**working for families**  
in edinburgh







Ian

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**HAPPY TO TRANSLATE**

আনন্দের সঙ্গে অনুবাদ করব ترجمہ کے لئے حاضر

بسعدينا توفير الترجمة MOŻEMY PRZETŁUMACZYĆ 很樂意翻譯